



CITY DANCE CENTER

Ford Community & Performing Arts Center
15801 Michigan Avenue, Dearborn, MI 48126
313-943-2135
www.detroitdancecollective.org

Find the Class that's Right for You!

City Dance Center provides opportunities that enrich and enlighten students of all ages and abilities. Whether working toward a professional career or learning for enjoyment, each student is equally valued. City Dance Center creates a comfortable and positive environment where the community can share their creativity and passion for the art of Dance. We strongly encourage you and your family to take full advantage of the many classes that CDC has to offer.

Class Descriptions

YOUNG CHILDREN

Pre-(School) Ballet **Ages 3-4**

Students will attain basic knowledge of Traditional Ballet positions, etiquette, flexibility and all the major motor skills. Through the use of popular songs, imagery, and nature, the students will also develop greater listening/social skills, self-esteem, rhythm and musicality.

Pre-(School) Tap **Ages 3-4**

Students will be introduced to the basic skills of Tap and Rhythm guided by fun games and props. The exploration of sound and creativity will also be enhanced through imaginative music and materials.

Mommy and Me **Ages 3-4**

Dancing at CDC is a Family Affair. Mommy and Me classes at CDC will provide each child the opportunity to gain better spatial awareness, teamwork abilities, and the fundamentals of dance through exploration. Our classes allow you to connect with your child on an artistic level, while expanding upon the developmental alertness of their bodies and mind, thus insuring a successful journey of life long learning. With animated themes, upbeat music and special props, a good time is sure to be had by all.

Creative Dance **Ages 3-4 & 5-7**

Students will explore the basic elements of dance; Space, Time, and Energy ,through upbeat music and a variety of colorful props. This fun and imaginative class will enhance each student's creative expression while focusing on body awareness, locomotor skills, and memory retention.

Ballet Basics **Ages 5-7**

Beginning Level Ballet class that introduces usage of the barre, center floor work and the mechanics of Ballet terminology. This class will also expose students to the importance of body alignment, placement and correct use of turn out.

Tap Basics **Ages 5-7**

Beginning Level Tap class that focuses on simple syncopations, counter rhythms, and downbeats. Students will also gain stronger musicality skills, coordination, and stamina.

Boys Dance **Ages 5-7**

Dance is a musical sport! Designed for the young male in mind, this class will focus on the student's dexterity, coordination, and athleticism through basic tumbling/gymnastic techniques. Elements of Jazz, Ballet, and Hip Hop are also introduced for body placement.

CLASSES DESIGNED FOR AGES 8-10; 10-12; TEENS 13 & UP; ADULTS

Ballet 1 - DDC will introduce fundamental exercises, techniques and steps of classical ballet. Basic ballet terminology, correct body alignment, and simple movement combinations are taught in barre and center work. No ballet experience is required for beginner level classes.

Ballet 2 - This class is continuation of beginning ballet, with more complex exercises and combinations in center and across the floor. At least one year of experience recommended for intermediate level.

Jazz 1 & 2 - An up-beat dance style that includes movement isolations, basic technique, and combinations across the floor taught using today's hit music.

Jazz/Hip Hop - This energetic dance style focuses on syncopated rhythms, musicality, and body isolations by fusing classical Jazz moves with the latest Hip-Hop steps. Through upbeat age appropriate music, this class encourages students to dance with their entire body and let their creativity shine through.

Tap 1 - Basic tap steps will be taught as well as coordination exercises and rhythmic patterns. Teachers will guide and coach students to improve proficiency as the class progresses.

Tap 2 - Continuation of Level 1 Tap Class.

Contemporary Dance 1 - An expressive form of dance that draws from ballet and jazz movements in a less structured style. Body contractions, flexed feet, asymmetrical body shapes and floor work are explored through this class.

Contemporary 2 - Continuation of Level 1 Contemporary.

Salsa - Designed for students with little or no salsa dance experience. Students learn fundamentals of salsa timing, rhythm, footwork, and are introduced to dancing with a partner. Salsa patterns help build core salsa dancing essentials.

INTERMEDIATE/ADVANCED CLASSES

Ballet Technique – This class is for those with previous dance training who want to pursue further development of their performance skills by practicing classical ballet technique. The traditional sequence of a barre warm-up followed by center work in movement combinations of *adagio*, *pirouette*, *petit* and *grand allegro* are designed to enhance the dancer's training in becoming a technically strong, versatile, musical, creative artist.

Contemporary Technique - This technique class emphasizes the development of technical and performance skills and stresses the importance of using the body as an expressive instrument. Classes focus on alignment, movement efficiency, strength, control, flow, and the use of breath to achieve total body connectivity.

Jazz/Hip Hop – See description above. Intermediate/advanced level includes more comprehensive patterns and sequences.

Choreography - This class is designed to develop skills in the art of making dances through improvisational practices that explore the fundamental elements of the craft of choreography. The dances that students create will be shared in an informal studio performance for family and friends.

CLASSES FOR SENIOR CITIZENS

“Forever Moving”

Classes for seniors would focus on breath movements and gestures emphasizing creative expression of personal experiences through guided movement explorations.

DETROIT DANCE COLLECTIVE COMPANY CLASSES

DDC company classes are open to advanced and professional dancers. DDC's contemporary technique classes are designed to encourage articulation and versatility, and prepare dancers for the infinite demands of contemporary choreography. Based on the Humphrey-Limón tradition, the classes emphasize both technical and performance skills through contrasting dynamics and stress the importance of using the body as an expressive instrument. Classes focus on alignment, movement efficiency, strength, control, flow, and the use of breath to achieve total body connectivity.
